Rough itinerary:

```
Arrival in Delhi on 12<sup>th</sup> July (night)
13th July: Travel to Punjab and Relax
14th July: Arrival Orientation
15th July: Arrival Orientation

    and local outing in the city

16<sup>th</sup> July: Arrival Orientation
17<sup>th</sup> July: Regular week-day in School – interaction with Indian school students during free time
18th July: Regular week-day in School
19th July: Stay with host family
20th July: Stay with host family
21st July: Regular week-day in School
22<sup>nd</sup> July: Regular week-day in School
                                              one of the days (during the day), the students will be taken
23rd July: Regular week-day in School
                                              to Golden Temple and India-Pakistan border
24<sup>th</sup> July: Regular week-day in School
25<sup>th</sup> July: Regular week-day in School
26th July: Stay with host family
27th July: Stay with host family
28th July: Regular week-day in School
29th July: Regular week-day in School
                                              one of the days (during the day), the students will be taken
30th July: Regular week-day in School
                                              to visit Museum / sightseeing
31st July: Regular week-day in School
1st Aug: Regular week-day in School
2<sup>nd</sup> Aug: Stay with host family
3rd Aug: Stay with host family
4th Aug: Regular week-day in School
5<sup>th</sup> Aug: Regular week-day in School
6th Aug: Trip to hill state Himachal Pradesh or Rajasthan-Taj Mahal
7th Aug: Trip
8th Aug: Trip
9th Aug: Trip
10th Aug: Trip
11th Aug: Travel to Delhi
12th Aug: Departure from India
```

Regular week-days in school would be like:

- 2 hours: Yoga & Meditation
- Breakfast at 10 am
- 2 hours: Indian Bollywood dance / Bhangra (Punjab's Folk dance)
- 1 hour: English class
- Lunch at 2 pm
- 1 hour: Local language class (Hindi or Punjabi)
- 1 hour: Talk on Indian culture, heritage, etc.
- Tea and Snacks
- 2 hours: sports hours (our traditional and popular sports only)
- 1 hours: Indian cooking class
- Dinner 9 pm

This is the rough routine we have worked out and is subject to change. School schedule may vary from student to student keeping in view their individual interests.